

## Government supports for old people with disability

Caring for an old person with disability can be challenging. The person's needs and wishes might change. You might have a disability too. This guide has ideas about support you can get from the government.

You may be able to get support:

- looking after their home
- to pay for equipment like a walking frame or a raised toilet seat
- to see allied health workers, like a physiotherapist or occupational therapist
- for respite care, which is when someone else looks after the person you care for while you take a break.

The guide has links to helpful services and ways to connect with other carers.

On Our Health Space, we use the word "old" instead of "older" or "ageing". This is because "old" is easy to understand.

## We trust this resource

We trust this resource because it is:

- Made to help, not for profit
- Made by people who know a lot about the topic
- Made in Australia

We've checked this resource, and you can [follow our guide to know if health information is true and right for you.](#)

**This resource was made by**

# My Aged Care

My Aged Care

**Aged Care** are services that help older people with their daily needs, health care, and living well as they get older.

is part of the Australian Department of Health, Disability and Ageing. My Aged Care helps older Australians know how to use aged care.

- [Visit](#)