Questions to ask your health worker to get the support you need

About Easy Read

Easier words with pictures to help explain some ideas.

Asking for changes to your health care

Young man pointing to a list on a clipboard. List says get help, make a complaint, get su

You can ask health workers to make changes to how they care for you.

These changes might help you understand things better.

They might help you feel safe.

These changes are called reasonable adjustments.

This fact sheet has questions you can ask health workers.

The questions will help them make reasonable adjustments for you.

Remember you have the right to reasonable adjustments and changes.

You have the right to ask health care workers to make changes so that you can be safe and get the health care you need. These changes are called reasonable adjustments.

This Easy Read fact sheet has questions you can ask health care workers to help them think about the reasonable adjustments that are right for you.

For example, you might need changes that help you:

- understand and remember health information
- make choices about your health
- communicate with other health services.

We trust this resource

We trust this resource because it is:

- Made to help, not for profit
- Made by people who know a lot about the topic
- Made in Australia

We've checked this resource, and you can follow our guide to know if health information is true and right for you.

This resource was made by

Australian Commission on Safety and Quality in Health Care

The Commission leads and coordinates national improvements in the safety and quality of health care in Australia. It is part of the Health portfolio of the Australian Government.

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