Health and wellbeing for people with complex disability

About Easy Read

Easier words with pictures to help explain some ideas.

Health for people with complex disability

A woman in a wheelchair, using a voice generator.

This guide is about people with complex disability.

People with complex disability have more than 1 disability.

They have intellectual disability and:

- a physical disability
- trouble seeing or hearing
- other health problems.

The guide says how people with complex disability can communicate.

The guide explains different support people may need.

This Easy Read guide is from England.

They do not use the words complex disability.

They say profound and multiple learning disabilities.

In Australia, this is called complex disability.

This Easy Read guide is from the United Kingdom. The guide talks about people with profound and multiple learning disabilities. In Australia, this is often called complex disability. In the past, it was called severe and profound disability.

People with complex disability have more than 1 disability. They may have intellectual disability and:

- a physical disability
- trouble seeing or hearing
- other health problems.

The guide says how people with complex disability communicate. The guide explains different supports people may need to be healthy, safe and live a good life.

We trust this resource

We trust this resource because it is:

- Made to help, not for profit
- Made by people who know a lot about the topic

We've checked this resource, and you can follow our guide to know if health information is true and right for you.

This resource was made by

Mencap

Mencap is an organisation in the United Kingdom that supports people with a learning disability to live their lives to the full.

- Visit