

Learn about the main health services for adults

About Easy Read

Easier words with pictures to help explain some ideas.

Health services for adults

A doctor speaking with an older patient. They are both smiling. There are posters on the wall.

This fact sheet gives information about health services for adults.

It says

- There are lots of health services for adults.
- Your GP doctor is a good place to start for health care.
- They might send you to another health service.

It says some health services are free and some cost money.

Some health services cost money.

It is good to ask about cost before you go.

It says if you have an emergency call **Triple Zero 000** for an ambulance.

This fact sheet is about health services in Australia.

The fact sheet says that your doctor might send you to see another health worker like:

- a specialist, or a doctor who knows a lot about one part of your body
- an allied health service, like an occupational therapist.

The fact sheet also says what other health services do, like dentists, optometrists, dieticians and speech pathologists.

Sometimes, you can go to a health service for free but sometimes it costs money. It is a good idea to ask if a service will cost money.

We trust this resource

We trust this resource because it is:

- Made to help, not for profit
- Made by people who know a lot about the topic
- Made in Australia

We've checked this resource, and you can [follow our guide to know if health information is true and right for you](#).

This resource was made by

Australian Government Department of Health, Disability and Ageing

The Department of Health, Disability and Ageing works to get better health and wellbeing

Wellbeing is how you feel in your body and mind. It includes your health, your feelings, and how you manage everyday life.

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