How to help someone look after their dentures

This tip sheet is written for carers and other people who support someone who has dentures, or false teeth.

The tip sheet says how to:

- clean dentures
- check if someone's dentures fit properly
- look after the person's natural teeth
- make sure their mouth and gums are healthy.

The tip sheet says that it is important to have regular dentist appointments, even if you have dentures.

The tip sheet has pictures but it uses some hard words.

We trust this resource

We trust this resource because it is:

- Made to help, not for profit
- Made by people who know a lot about the topic
- Made in Australia

We've checked this resource, and you can follow our guide to know if health information is true and right for you.

This resource was made by

NSW Health

??NSW Health is the major provider of health services to people in New South Wales.

- Visit