

A video about breast screening and mammograms

[Watch video](https://www.youtube.com/watch?v=p4ozp5-dHfQ)(<https://www.youtube.com/watch?v=p4ozp5-dHfQ>)

In this video, two women called Gayle and Danielle talk about breast screening. Breast screening is sometimes called getting a mammogram.

Gayle and Danielle learn that breast screening is important to help find breast cancer early. When breast cancer is found early, women can get treatment. Early cancer treatment can save your life.

The video says that women aged 50 and over should have breast screening every 2 years.

We trust this resource

We trust this resource because it is:

- Made with people with intellectual disability
- Made to help, not for profit
- Made by people who know a lot about the topic
- Made in Australia

We've checked this resource, and you can [follow our guide to know if health information is true and right for you](#).

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