Fact sheet about urinary tract infections

About Easy Read

Easier words with pictures to help explain some ideas.

Urinary Tract Infection or UTI

One woman sits, looking sad. Another woman comforts her.

A urinary tract infection is a sickness in the parts of your body you use to wee.

A urinary tract infection is called a **UTI** for short.

The fact sheet says:

- the things you might feel if you have a UTI
- when to see a **doctor**

The fact sheet also says:

- things you can do to feel better
- things you can do to stop getting a UTI

If you think you have a UTI, you should see a doctor.

A urinary tract infection is a health problem that affects the parts of your body that you use to wee. It is called a UTI for short.

This fact sheet is written for women. The fact sheet says:

- the things that show you might have a UTI, like a burning feeling when you wee
- when to see a doctor and what the doctor might ask you to do
- things you can do to help yourself feel better
- what to do if your UTI comes back
- things you can do to stop getting a UTI, like how to wipe after you go to the toilet.

If you think you might have a UTI it is important to see a doctor.

We trust this resource

We trust this resource because it is:

- Made to help, not for profit
- Made by people who know a lot about the topic
- Made in Australia

We've checked this resource, and you can follow our guide to know if health information is true and right for you.

This resource was made by

Jean Hailes for Women's Health

Jean Hailes for Women's Health is a national not-for-profit dedicated to empowering women across Australia to enjoy their best health and wellbeing

Wellbeing is how you feel in your body and mind. It includes your health, your feelings, and how you manage everyday life.

at every life stage.

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