

Things to do after you visit a doctor

About Easy Read

Easier words with pictures to help explain some ideas.

After you visit the doctor

Front cover of guide with words After visiting the doctor. Picture of a man holding his throat.

This guide says what to do after visiting the **doctor**.

It talks about

- How to use a health plan
- Medication

It also talks about appointments.

It is important to remember when to go back to the doctor.

You can use this guide on your own.

You can use this guide with family or a support person.

This guide is for people with intellectual disability. The guide says what to do after visiting the doctor.

The guide has questions to help you know what to do. The questions are:

- What did your doctor say?
- Did you make a health plan?

- Did your doctor tell you take medicine?
- Did your doctor ask you to come back?
- Did the doctor ask you to see another health professional?

Health professionals could share this guide with patients. Or, a person with intellectual disability might use the guide with their family or support worker.

We trust this resource

We trust this resource because it is:

- Made to help, not for profit
- Made by people who know a lot about the topic
- Made in Australia

We've checked this resource, and you can [follow our guide to know if health information is true and right for you.](#)

This resource was made by

Council for Intellectual Disability

A disability rights organisation led by people with intellectual disability.

- [Visit website](#)