Learn about death and dying

This resource has words and pictures that explain death.

Death and dying means that your life ends. The resource says:

- death means your body shuts down and stops working
- death is a part of life
- everyone will die
- everyone will know someone who dies
- other facts about death.

The resource explains some plans you may make about what will happen when you are close to death and after you have died.

You can read this information with someone you trust. You can ask questions and say how you are feeling.

We trust this resource

We trust this resource because it is:

- Made to help, not for profit
- Made by people who know a lot about the topic
- Made in Australia

We've checked this resource, and you can follow our guide to know if health information is true and right for you.

This resource was made by

NSW Health

??NSW Health is the major provider of health services to people in New South Wales.

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