What to expect with restrictive practices

About Easy Read

Easier words with pictures to help explain some ideas.

What to expect with restrictive practices

> One woman sits, looking sad. Another woman comforts her.
>
> Some NDIS service providers use restrictive practices.
>
> Restrictive practices aim to keep people safe.
>
> They can also take away people’s rights.
>
> There are rules for restrictive practices.
>
> This guide says what rules the service must follow.
>
> Restrictive practices must be used safely.

Some NDIS providers use restrictive practices. The aim of these practices is to keep people safe but they can take away the rights of people with disability.

There are strict rules about how restrictive practices can be used.

The NDIS Commission made an Easy Read guide about restrictive practices.

The guide says that restrictive practices:

- can only be used after trying other things

- must be used for the shortest time possible.

Restrictive practices can only be used in ways that are safe for you.

We trust this resource

We trust this resource because it is:

- Made to help, not for profit
- Made by people who know a lot about the topic
- Made in Australia

We've checked this resource, and you can follow our guide to know if health information is true and right for you.

This resource was made by

NDIS Commission

The NDIS

NDIS stands for **National Disability Insurance Scheme.** It is an Australian government program that provides funding and support to people with a permanent and significant disability so they can live more independently and achieve their goals.

Commission registers and regulates NDIS providers. The Commission works with people with disability to improve the quality and safety of their NDIS supports and services. It is sometimes called the NDIS Quality and Safeguards Commission.

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