Get to know the basic rules of supported decision making

Supported decision making puts people with intellectual disability at the centre of their own health journey. It shows respect for health rights.

This fact sheet has the basic rules of supported decision making. The rules say:

- everyone has the right to make decisions
- everyone has the right to take risks
- everyone has the right to get support
- everyone should respect what a person decides.

The fact sheet says how you can use these rules when you work with people who need support to make choices.

We trust this resource

We trust this resource because it is:

- Made to help, not for profit
- Made by people who know a lot about the topic
- Made in Australia

We've checked this resource, and you can follow our guide to know if health information is true and right for you.

This resource was made by

Council for Intellectual Disability

A disability rights organisation led by people with intellectual disability.

- Visit website