# How to talk to parents about Down syndrome

During pregnancy, some patients learn that there is a high chance their child will have Down syndrome. It is normal to feel many different emotions, and for those emotions to change over time.

These tips for GPs explain how to:

- help parents make an informed choice about prenatal screening for Down syndrome
- talk with parents about the results.

The tips explain the best words to use and information to share. The tips say how to connect parents to the Down syndrome community.

## We trust this resource

We trust this resource because it is:

- Made to help, not for profit
- Made by people who know a lot about the topic
- Made in Australia

We've checked this resource, and you can follow our guide to know if health information is true and right for you.

### This resource was made by

#### Down Syndrome Australia

Down Syndrome Australia is made up of State and Territory associations. These groups provide support, information and resources to people with Down syndrome and their families across Australia.

- Visit website