

A website for women with your rights about sex and your body

About Easy Read

Easier words with pictures to help explain some ideas.

Information for women on sex and your body

two people happy and holding hands.

Everyone needs good information.

Our Site is a website for women and girls with disability.

One part of Our Site talks about sex and relationships.

It also talks about your body and your health.

You can read the information in plain language or Easy Read.

Everyone needs good information about sex, relationships and their body. Our Site is a website made by and for women, girls and gender diverse people with disability.

One section of the Our Site website talks about:

- sex and consent
- safer sex and birth control
- your body
- taking care of your health

- gender
- raising a child.

You can read the information in plain language or Easy Read.

We trust this resource

We trust this resource because it is:

- Made with people with intellectual disability
- Made to help, not for profit
- Made by people who know a lot about the topic
- Made in Australia

We've checked this resource, and you can [follow our guide to know if health information is true and right for you.](#)

This resource was made by

Women With Disabilities Australia

Women With Disabilities Australia (WWDA) is the national Disabled People's Organisation (DPO) and National Women's Alliance (NWA) for women, girls, and gender

Gender is how a person feels about being a boy, a girl, both, or neither. It can be different from the sex they were given at birth.

-diverse people with disabilities in Australia.

- [Visit](#)