How to find a new doctor

About Easy Read

Easier words with pictures to help explain some ideas.

This guide is about how to find a new doctor.

Young man in a graphic t-shirt posing with a hand on his cheek.

It includes

- things to think about when looking for a new doctor

A man asking a doctor a question, with a question mark in a speech bubble

- Questions you can ask a new doctor

A man reading the How to Find a New Doctor guide by himself

The guide says how to get help to find a new doctor.

A man and his support person reading the How to Find a New Doctor guide together.

You can read this guide by yourself or with someone you trust.

A good doctor:

- listens to you

- explains things in a way you can understand
- helps you make choices about your health.

This guide shows you simple steps to take when you are looking for a doctor. It tells you what to look for, what questions you can ask and how to know if the doctor feels like a good match for you.

The guide also shows explains where you can get help to find a doctor, like asking a support person, a friend or a family member. It gives ideas to help you feel more confident when you meet a new doctor.

You can use this guide by yourself or with someone you trust.

This resource was made by

Council for Intellectual Disability

A disability rights organisation led by people with intellectual disability.

- Visit website